ARCHITECTS IN SCHOOLS

Empathy Reflection Worksheet

Who Designs and Builds Buildings and Spaces?

Complete this worksheet after you watch the *Who Designs and Builds Buildings and Spaces?* lesson video. Write or draw your responses on this worksheet or on another piece of paper.

Do you remember what empathy means? **Empathy is the ability to understand and share the feelings of another person.** It is the ability to connect with others by building relationships on mutual trust and understanding. It's so important to think about how other people feel, because different people have different feelings and experiences. Sometimes it helps to think about how you would feel if the same thing that happened to your friend happened to you.

1. Can you list some of the jobs people did on the Oregon Zoo project that you learned about today?

2. Think about a time when you felt empathy for someone. Describe what happened and how you felt.

3. Why do you think empathy is important when designing buildings and spaces for people to use?